

Sunday, June 21, 2009

Dear Meselech,

When I first met you in early May, I was in such a bad shape. I was seeing physicians and physical therapists but the tendinitis (which turned into adhesive capsulitis) of my shoulder was so bad, I could barely move my right arm. When I moved my arm in the wrong direction, even slightly, I was in agonizing pain. I had already had 4 sessions with someone else at Tai Sophia, but she was finishing the clinical and I felt I had yet to receive any benefits from the treatments. I was desperate to get relief for my condition but at the same time, I was wondering if acupuncture was really for me...

On the first day, you clearly indicated that you wanted to be a partner in my healing and your treatment is a gift from your heart. I could tell that you had a sincere intention and you cared about my whole health. Also, you seem to have amazing insights and were able to tell me what my fundamental issue was beside my shoulder right away!

I saw you weekly and a few more sessions later, your message was beginning to sink in. I was gradually able to get more rest that I needed. The treatment definitely helped me to relax, but to me, you are much more than an acupuncturist... you are a caring friend as well. Now, my shoulder is improving steadily, and I am grateful. But probably more importantly... I believe that I am now able to listen my heart and body better!

I know that is a gift that I will cherish for a life.

Sincerely,

A handwritten signature in black ink, appearing to read 'Kayoko', with a stylized flourish extending to the right.

Kayoko